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2025 - 2026**

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2025 Optimists of The Year
TOM TUTTLE and
JOHN ASHMEAD

Richfield Optimist Club

Dakota-Manitoba-Minnesota District

Club No. 35125

Serving Richfield Area Youth

Since 1958

Rich-O-Gram

Club Newsletter

Next Meeting: Wednesday

JANUARY 28, 2026

Meeting at: 401 West 70th Street

Richfield Schools Boardroom

(North end of Richfield High School)

Speaker

NATE EDWARDS

Richfield Work

Experience /

Job Olympics

Last week our speaker was
PAUL SCHANFIELD.

Paul is a neurologist who retired after 40 years in private practice, but still teaches at the Univ of Minn.



He believes medicine is in crisis these days, partly due to costs and a factor of Doctor “burnout”, caused by data needs.

A large % of doctors are “specialized” which makes it harder to get an appt.

A neurologist deals with the nervous system - caring for strokes & Parkinson’s among other things.

Keep **Deanna Wahlen** in your prayers as she gets a Pacemaker installed in a surgery On Monday, Jan 26.

Also prayers & best wishes to **RICH FICK** as he recovers at home after hospitalization

Nice to have **Steve Schneeberger** as a guest last meeting.

Optimist Creed

Promise yourself -

- To be so strong that nothing can disturb your peace of mind.
- To talk health, Happiness & prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, work only for the best, and expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget about the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature a smile.
- To give so much time to the improvement of yourself, you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

LOOKING AHEAD



Feb 4 speaker - Joe Nathan/Khalique Rogers
Feb 11 speaker - Steve Schneeberger (4th of July)
Feb 18 speaker - Bob Brotzel (skeet/trap teams)
Feb 25 speaker - Kyle Odefey (AI -from England
March 4 speaker -?
March 11 speakerr - Suzi Blumberg (Rich Hist. Soc)

Happy Birthday on January 25
To **JOHN ASHLAND**